## **Glove Size Guide**

The way a glove fits is a crucial factor in the dexterity of the working hand. Please use the diagram below to identify your glove size. If the glove is too small, it cuts off the blood circulation and restricts the movement of the hand. On the contrary, gloves that are too big can slip off at the slightest movement and make your handling very inaccurate.

Read more on Clad Safety's Safety Standards Guide here.

## To check the size

Place your right hand on the diagram, the green line should be between your thumb and index finger.

Glove size in relation to EN 420	Hand (mm)		Glove (mm)	
	Palm Circumference	Length	Maximum Length	
6	152	160	220	
7	178	170	230	
8	203	182	240	
9	229	192	250	
10	254	204	260	
11	279	215	270	

For accurate measurements, glove size guide must be printed at A4 www.cladsafety.co.uk **WORKWEAR & PPE SPECIALISTS** www.cladsafety.co.uk WORKWEAR & PPE SPECIALISTS